

## **Author Marsha Ann Turner Releases “Fifteen Pounds: There is Only One You” an Ideal Read for Breast Cancer Awareness Month**

*When it comes to dealing with breast cancer knowledge can be a powerful antidote to fear. The new book “Fifteen Pounds: There is Only One You” is there to help, delivering heartfelt, empowering advice from author Marsha Ann Turner.*

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No one is born knowing how to best face breast cancer and not be overwhelmed by the fear it naturally inspires, both from being diagnosed all the way to the treatment process. Author Marsha Ann Turner understand this intimately and has stepped up to lend a hand a viewpoint that combines experience and hard-earned wisdom. Her new non-fiction book “Fifteen Pounds: There is Only One You”, delivers an inspiring and empowering message to women facing breast cancer, just in time for Breast Cancer Awareness Month.

“Breast cancer affects millions of women, from all walks of life, young and old, mothers, friends, wives, daughters and co-workers,” commented Goodgirlbookclubonline.com. “It’s a frightening experience for all those impacted by news of the diagnoses. ‘Fifteen Pounds’ Makes a great inspirational resource for anyone impacted by breast cancer as well as breast cancer support groups, cancer centers and church health ministries.”

In addition to helping those with breast cancer, “Fifteen Pounds” also does a great job of making others without breast cancer be more aware of what it does to a person’s life and how they can overcome it. This extra knowledge fits perfectly in with the ideals of Breast Cancer Awareness Month, making the book an excellent gift for a loved one or self, to help families and communities be more informed and action orientated in the face of this important health issue.

“Fifteen Pounds” is available in both print and Kindle editions on Amazon.com.

Reviews of the remarkable book have been very positive from readers from all walks of life.

Author of Graced After the Pain, Danyelle Scroggins, recently said in a five-star review, “Fifteen pounds is a life preserver for women facing fear, frustration and hopelessness when diagnosed with breast cancer. After reading Fifteen Pounds, women will find reassurance, comfort, and hope.”

For more information or to order be sure to visit <https://amzn.to/32wpCd1>.

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